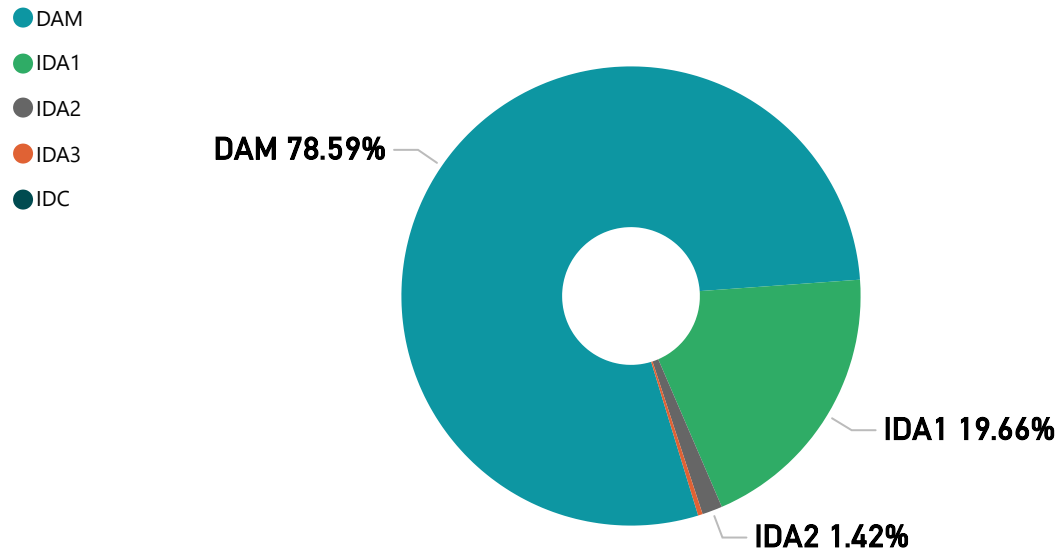


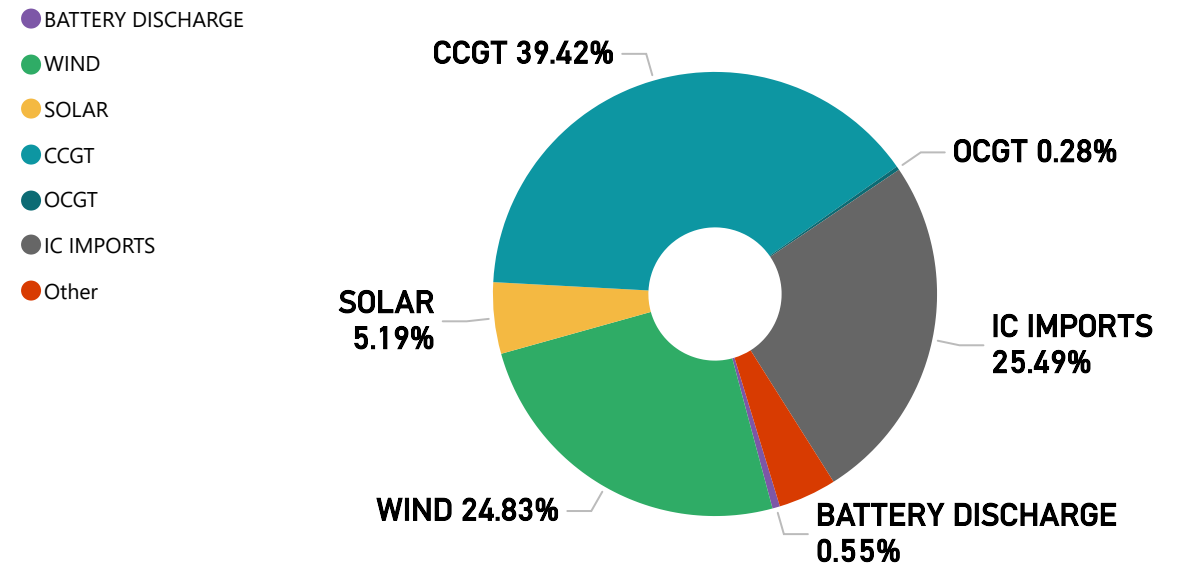
MMU Weekly Market Summary Report

Week Commencing - 20-July-2026

Weekly Market Share



Weekly Fuel Mix



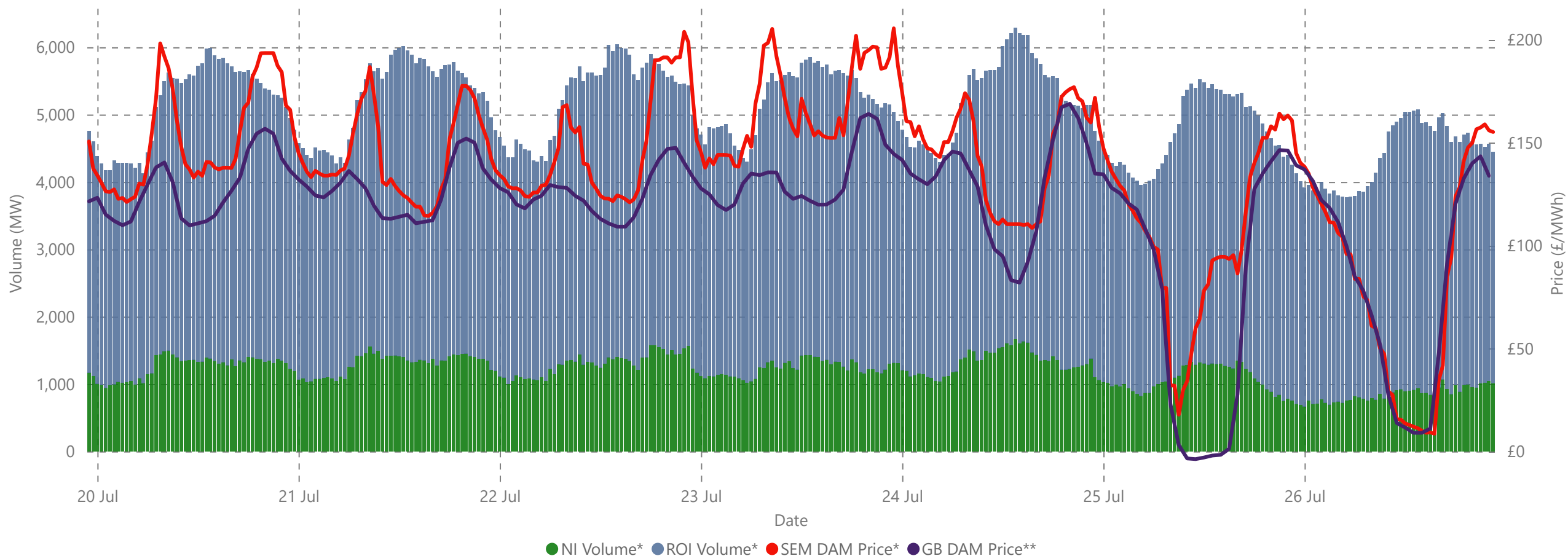
Date	Daily System Demand (MWh)*	Daily DAM Price (£/MWh)**	Daily Actual Wind (MWh)*	Day Ahead Gas Price (p/th)***	Daily Average Carbon Price (€/t)***
Monday, 20 July 2026	106,359.00	153.32	16,796.75	140.45	83.33
Tuesday, 21 July 2026	109,780.00	144.02	21,036.75	142.90	83.10
Wednesday, 22 July 2026	107,009.75	146.90	23,461.25	150.35	86.31
Thursday, 23 July 2026	110,218.75	166.89	13,094.75	148.75	84.12
Friday, 24 July 2026	107,487.00	144.27	22,130.00	152.25	83.55
Saturday, 25 July 2026	101,495.00	106.58	36,776.75	152.25	83.55
Sunday, 26 July 2026	96,154.75	82.93	51,319.00	152.25	83.55

Weekly Fuel Mix represents the gross contribution of each fuel type to supply.

Other includes: Biomass, CHP, Distillate, HVO, Hydro, Pump Storage and Waste units.

Sources: *EirGrid **SEMO PX ***Spectron

Weekly Day Ahead Market Summary



£135.49

Weekly Average SEM DAM Price*

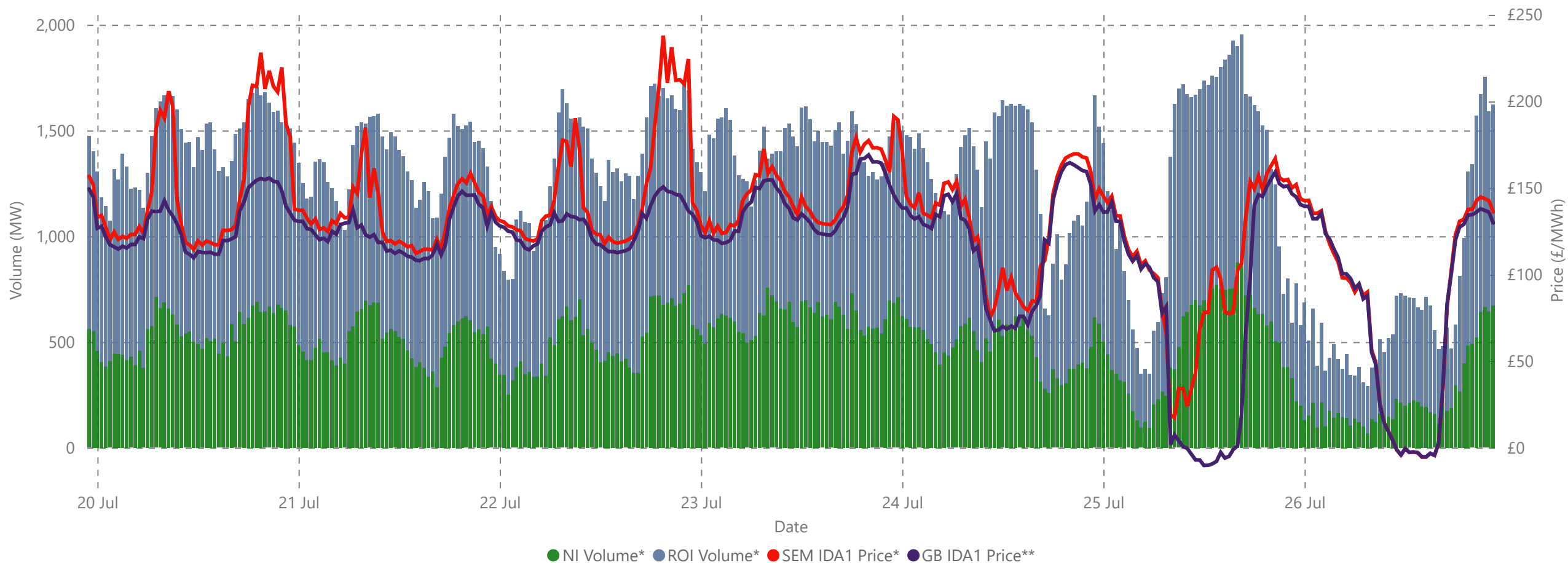
£231,695,027.12

Weekly SEM DAM Market Value*

848,109.80

Weekly SEM DAM Volume MWh*

Weekly Intraday Auction 1 Summary



£128.70

Weekly Average SEM IDA1 Price*

£113.84

Weekly Average GB Price**

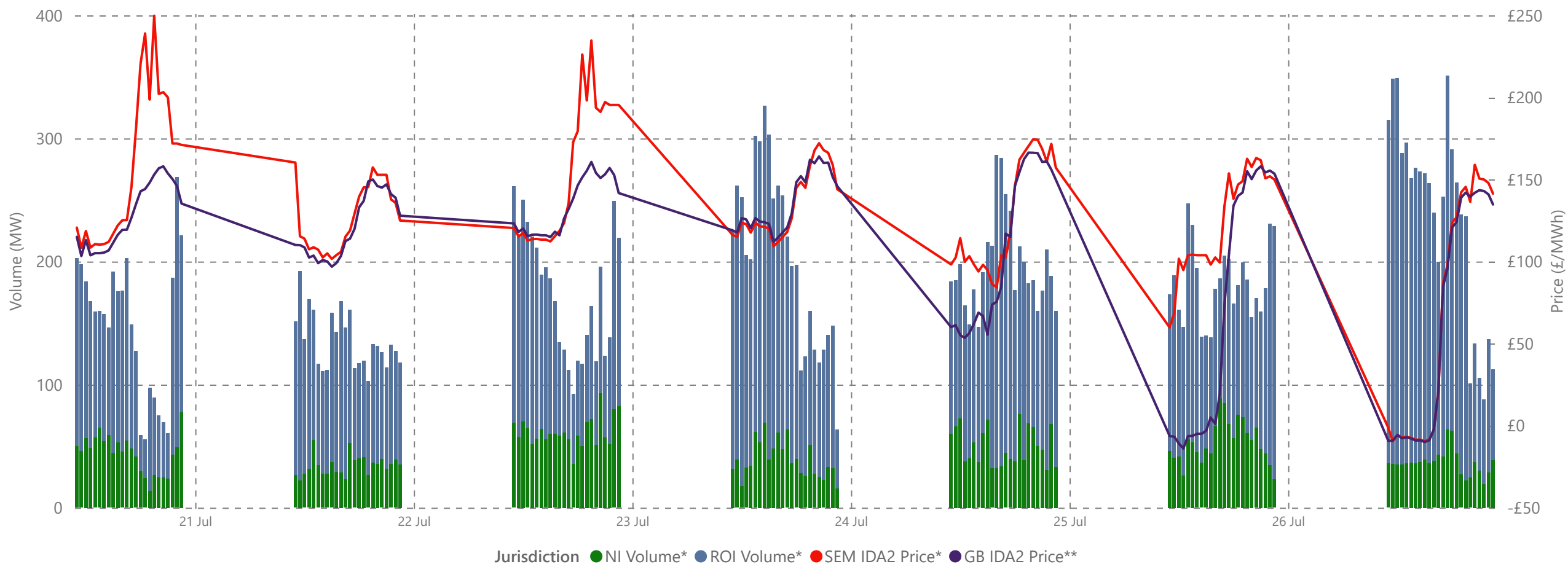
£28,485,239.38

Weekly SEM IDA1 Market Value*

212,179.95

Weekly SEM IDA1 Volume MWh*

Weekly Intraday Auction 2 Summary



£126.72

Weekly Average SEM IDA2 Price*

£108.03

Weekly Average GB Price**

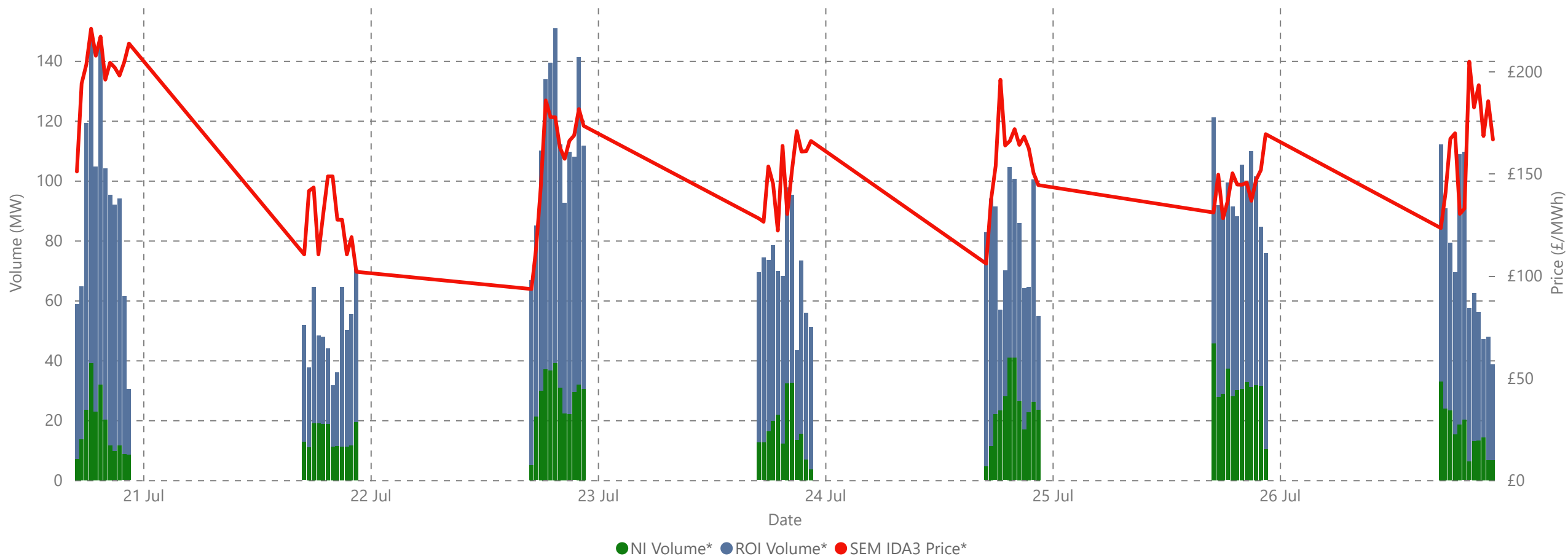
£1,797,760.96

Weekly SEM IDA2 Market Value*

15,360.00

Weekly SEM IDA2 Volume MWh*

Weekly Intraday Auction 3 Summary



£157.07

Weekly Average SEM IDA3 Price*

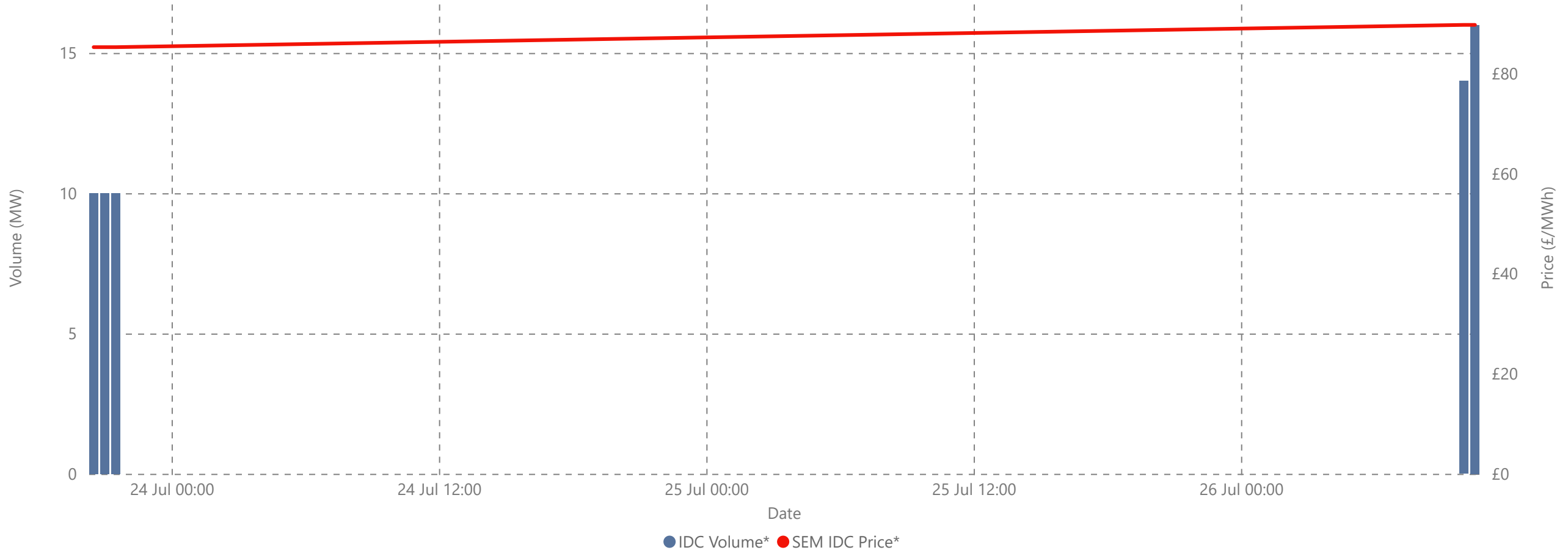
£552,086.71

Weekly SEM IDA3 Market Value*

3,466.90

Weekly SEM IDA3 Volume MWh*

Weekly Intraday Continuous Auction Summary



£87.05

Weekly Avg Weighted Average Price*

£85.27

Weekly Min Weighted Average Price*

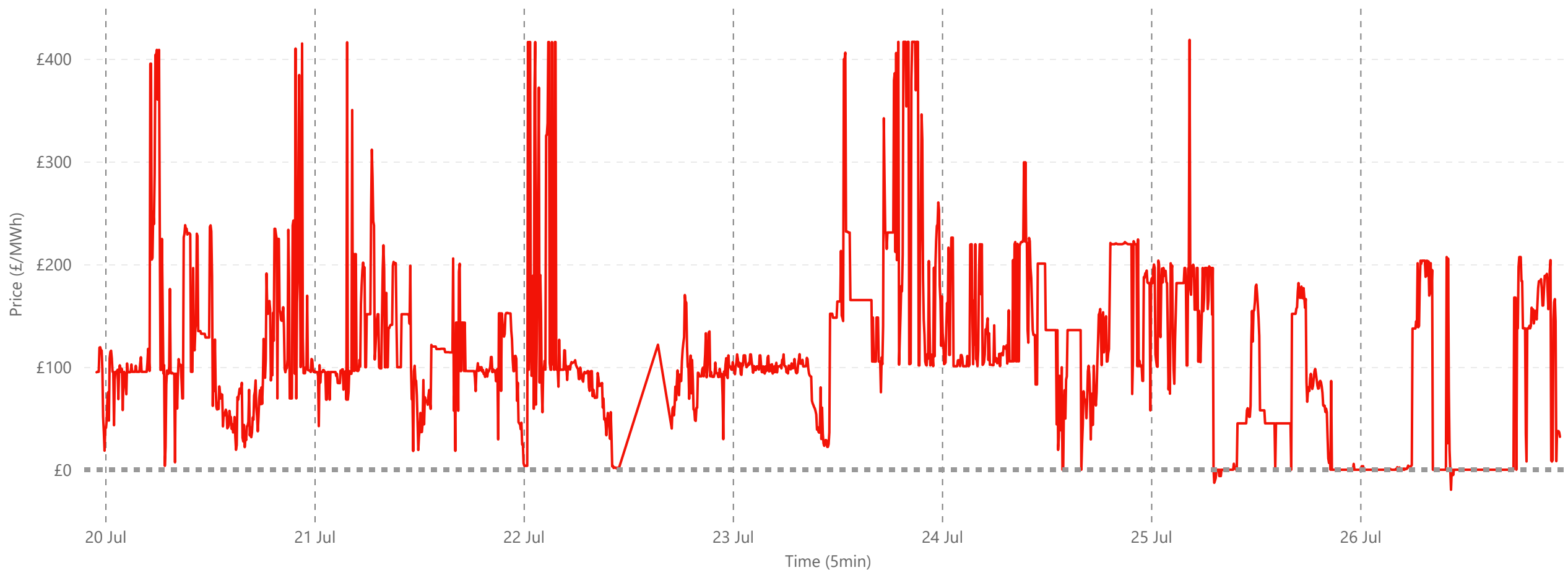
£89.72

Weekly Max Weighted Average Price*

60.00

Weekly SEM IDC Volume MWh*

Weekly Balancing Market 5 Minute Summary



£110.89

Ave 5min Imbalance Price*

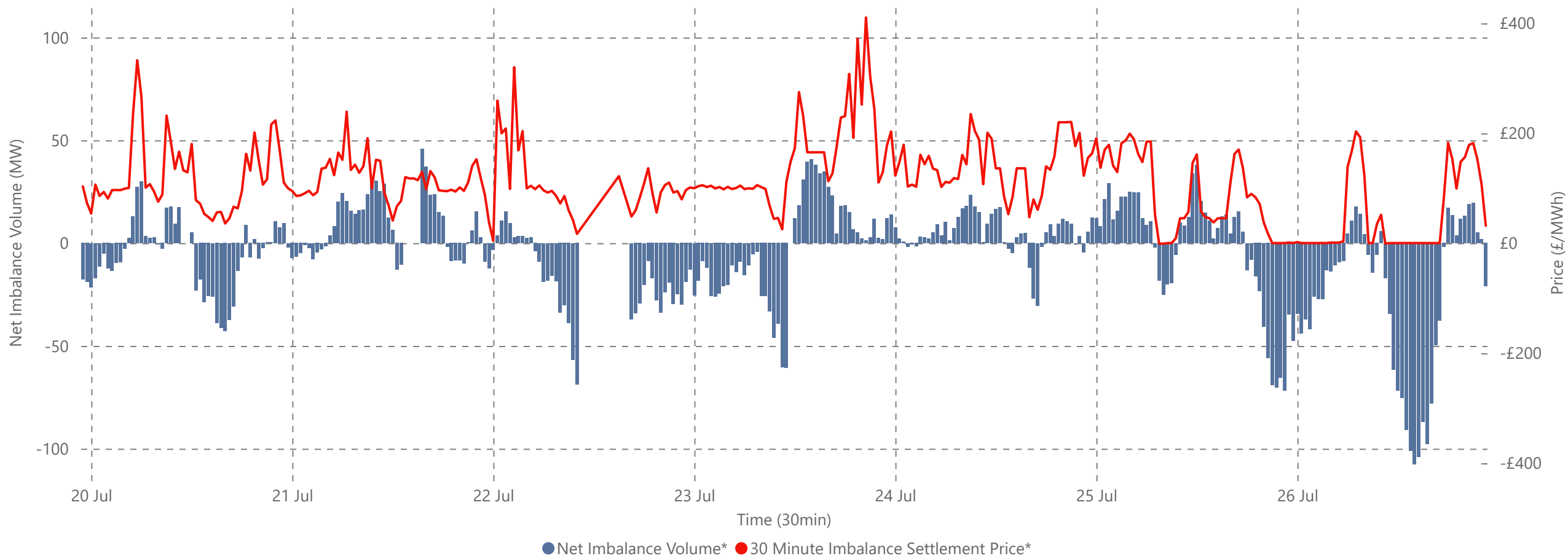
-£19.53

Min 5min Imbalance Price*

£418.43

Max 5min Imbalance Price*

Weekly Balancing Market 30 Minute Summary



£111.07

Avg 30min Imbalance Price*

-£1.04

Min 30min Imbalance Price*

£410.34

Max 30min Imbalance Price*

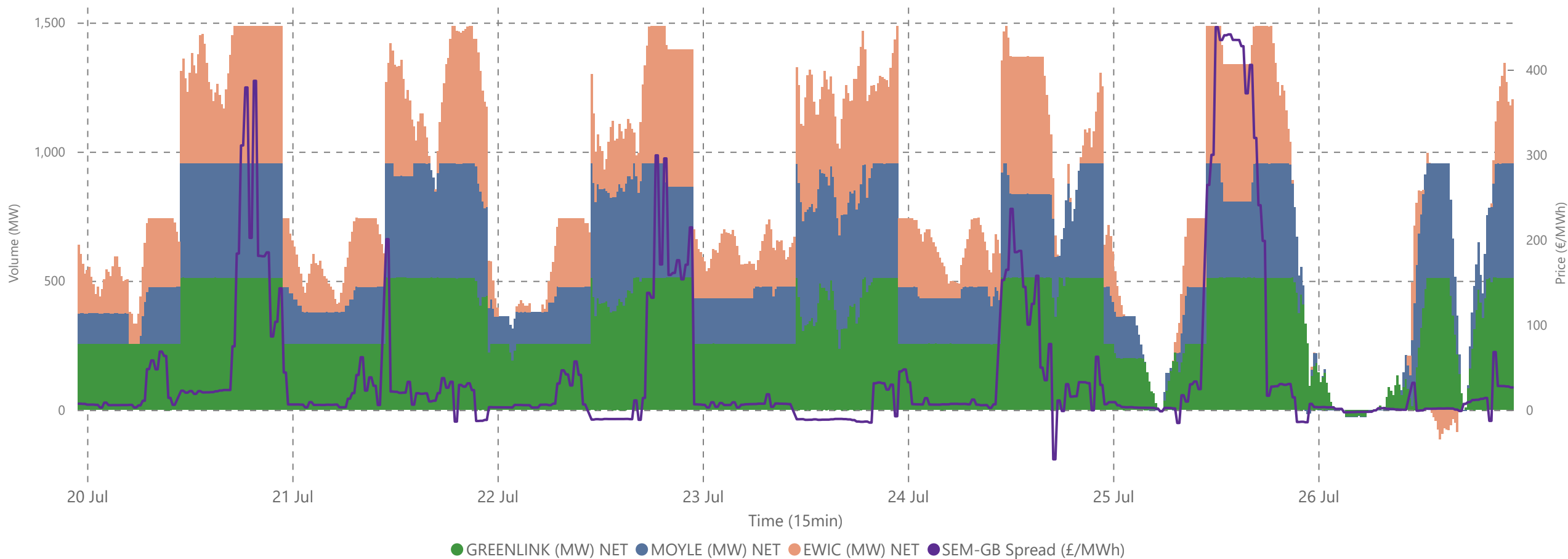
45.83

Max Net Imbalance Volume*

-107.57

Min Net Imbalance Volume*

Weekly Interconnection Summary



177,801.00

MOYLE Import*

-132.00

MOYLE Export*

177,669.00

MOYLE Net*

154,917.00

EWIC Import*

-819.00

EWIC Export*

154,098.00

EWIC Net*

231,138.00

GREENLINK Import*

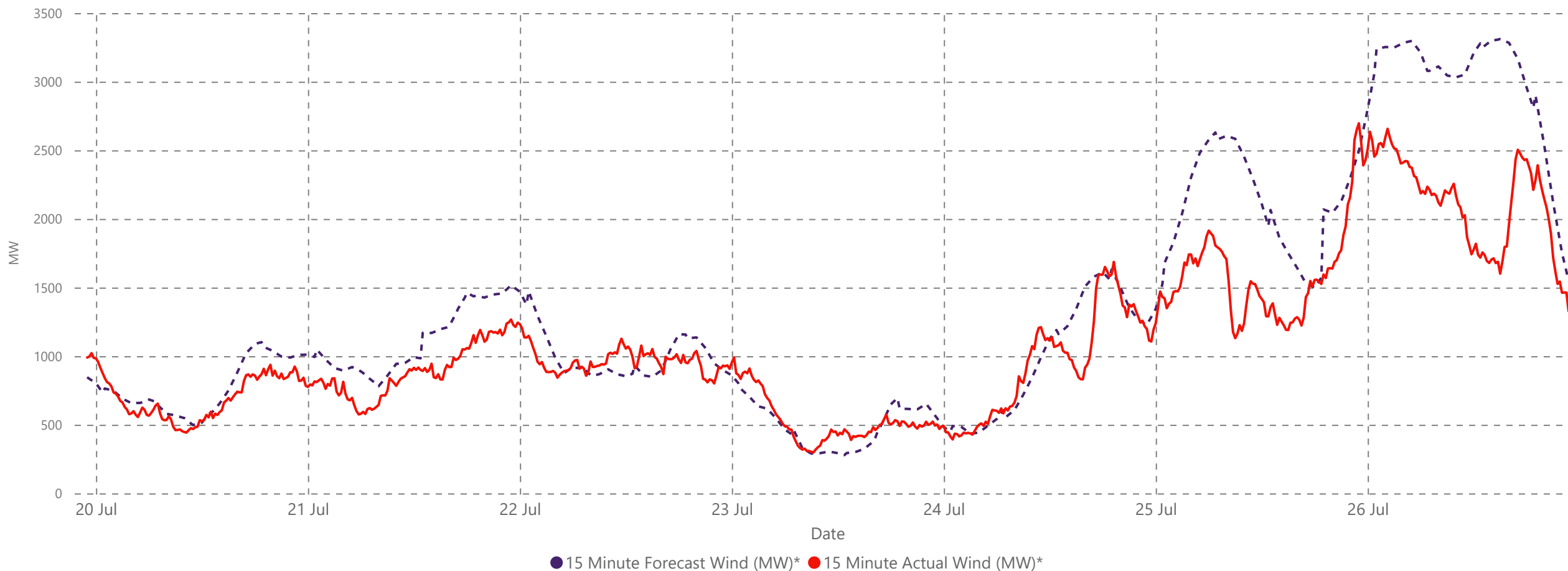
-263.00

GREENLINK Export*

230,875.00

GREENLINK Net*

Weekly Wind Capacity Summary



1099

Average Actual Wind (MW)*

279

Min Forecast Wind (MW)*

3310

Max Forecast Wind (MW)*

299

Min Actual Wind (MW)*

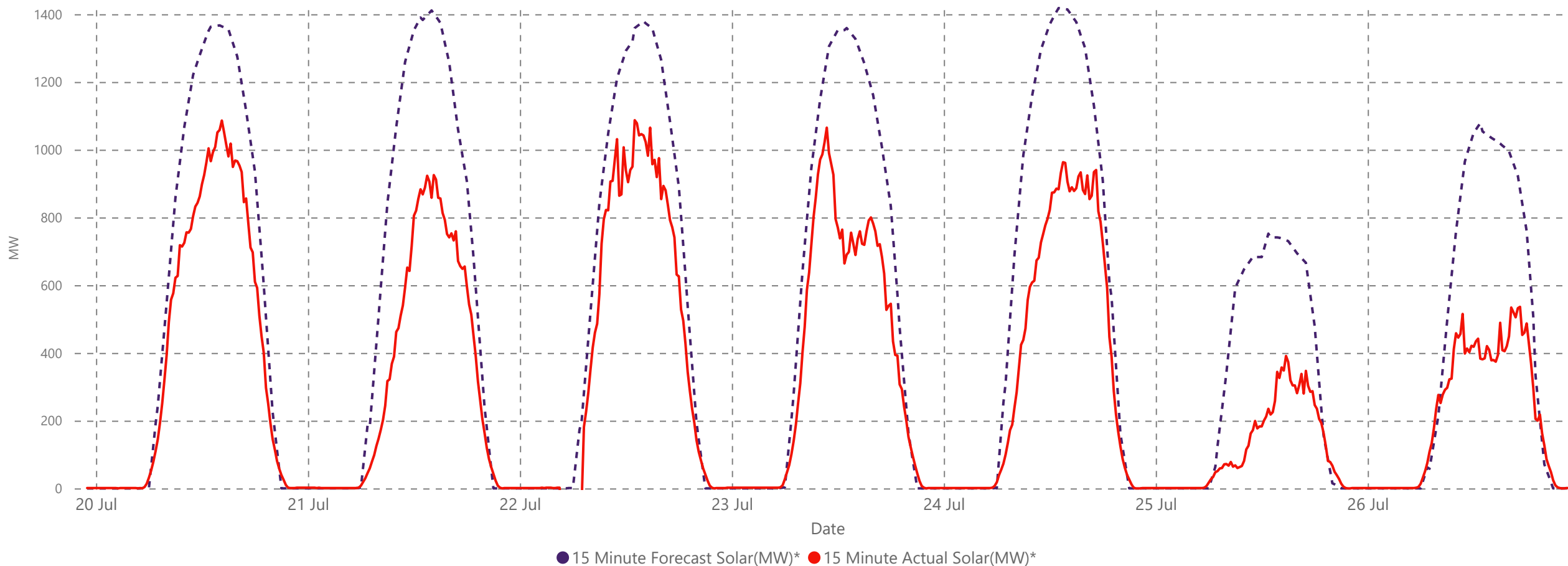
2697

Max Actual Wind (MW)*

Differences between forecast and actual wind generation arise due to changes in weather conditions, forecasting uncertainty, and operational factors such as availability and dispatch down (curtailment and constraints).

Sources: *Eirgrid

Weekly Solar Capacity Summary



1418

Max Forecast (MW)*

1087

Max Actual Solar (MW)*

321

Average Solar >0 (MW)**

51738

Total Solar (MWh)*